





## **ACTIVE LEARNING**

**EULYMPICS** 







This document is created and published by Erasmus+ KA219 "European Olympic Games" (EULYMPICS) project partners:

- <u>Stredná odborná škola chemická Bratislava</u> (Slovakia)
- Schulen des BFI Wien (Austria)
- Střední průmyslová škola chemická Pardubice (Czech Republic)

The purpose of this guide is to present detailed described games that any teacher can implement it easily in their classes or as extra curriculum activity.

EULYMPICS project is the reaction to the necessity of development students' key competences via active learning. It provided an exchange of good practices in the field of experience-based learning and cooperative learning.

The contents of the project were devoted to the topics of **culture** and **arts**, **environment** with activities focused on pollution of water sources in the Central Europe, mainly rivers flowing thorough the town where the school is situated, it means Danube, Moravia, Elbe and Chrudimka. The next topic was **business** learning connected with application of mathematics and digital skills, **sports** like a tool to strengthening of fellowship and fair play.

Within this project we targeted 15-18 years old students.

For more information about the project, please follow here.

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#### **OLYMPIC GAMES**

Within the project four international meetings were organised. They lasted 2 days and they were held like European Olympic Games in disciplines due to the main project topics like a triathlon. Within a **CULTURAL OLYMPIC GAMES** triathlon was organised in disciplines e-quiz Know the famous art work, food art and artistic representation of historical event or famous personality. We created project logo and used it on T-shirts.

**ENVIRONMENTAL OLYMPIC GAMES** were organised like triathlon in water analysis, geocaching and recycling.

**BUSINESS OLYMPIC GAMES** were held like triathlon in the e-quiz about brands, branding, slogans and logos; trading game and creating an advertising campaign and Pitching.

**SPORT OLYMPIC GAMES** took place like triathlon in floorball with limitations, badminton in regional costumes, relay race in masks. We donated the project shirts and collected shirts to socially excluded citizens, each partner school in their local environment.

Complete materials of European Olympic games and its disciplines are published in e-learning course EULYMPICS. Guest access available for interested teachers.

Web	http://elearning.sosch.sk/course/view.php?id=64
Course	European Olympic Games (2017-2019)
Acronym	EULYMPICS
Password (guest access)	eulympics









# ENVIRONMETAL OLYMPIC GAMES: DISCIPLINE 1 ORIENTATION AROUND PARDUBICE

Name of activity	Orientation around Pardubice				
Part of discipline	Environmental Olympic Games				
Description of activity	Purpose of this game is to	get to know about the city of Pardubice, strengthen			
	relationships with other groupmates and teamwork. This game will focus to team up (2				
	Austrians+2 Slovak+2 Czech +/ Accompanying teacher) – 3 groups.				
	Recommended Group Size	e: Small (8 - 20), Medium (20-30 people) or large groups (50+			
	people)				
	Setup for Orientation gar	ne:			
		ons in the city (geographically, historically, socially). Adapt			
		o prepare some facts related to the spot. You can print it and			
	·	they are coming to the spots / accomplish their tasks.			
	Gather all needed materi				
	Process				
	Detailed process you can	find in the Annex 1. Discipline 1 Orientation around			
	Pardubice: Example of Or	ientation game planning			
Objectives	To get to know each other	r, team up and get to know the city in a fun way			
Time	It depends on the number	er of participants.			
	Time (min) Activity				
	5 Instruction				
		of the game			
Grade	5 Reflection				
Learning methods	6 - 13 (12-18 years old)				
Learning outputs	Active based learning  Accomplished tasks, e.g. built towers from paper, made water boats from paper, etc.				
Competences	Key competences:				
,	☐ Literacy competend	70			
		petence and competence in science, technology and			
	engineering	, , , , , , , , , , , , , , , , , , , ,			
	☐ Digital competence	1			
		d learning to learn competence			
	☐ Citizenship compet	,			
	Entrepreneurship competence				
	Cultural awareness and expression competence				
Integration/application of	Specific subjects: sociology, history				
methodology	Co-curricular activity: teambuilding activity				
	Extracurricular activity: communication education				
Materials	Numbers would depend	on the number of teams:			
	<ul> <li>No of teams x cit</li> </ul>	y maps			
		, ,			



	No of teams x Bunch of newspapers			
	No of teams x eggs			
	No of teams x duck tapes			
	No of teams x scissors			
	No of teams x rulers			
	No of teams x 10 white papers			
	No of teams x current newspaper			
	• bags			
	package of colouring pen			
Tips for teachers	There is needed more preparation of interesting location facts.			
Annex	See example of planned Orientation game: Annex 1. Discipline 1 Orientation around			
	Pardubice: Example of Orientation game planning			



Figure 1 Orientation game: build as high tower as possible that in the end can hold an egg



Figure 2 Orientation game: build as high tower as possible that in the end can hold an egg



Figure 3 Orientation game: make a paper boat and race



Figure 4 Orientation game





# ENVIRONMETAL OLYMPIC GAMES: DISCIPLINE 2 ENVIRONMENTAL GEOCACHING

Name of activity	Environmental geocaching game				
Part of discipline	Environmental Olympic Games				
Description of activity	Just before you start the game, it would be good if you would provide a short				
	presentation on understanding what is geocaching Geocaching is an outdoor recreational				
	activity, in which participants use a Global Positioning System (GPS) receiver and other				
	navigational techniques to hide and seek containers, called "geocaches" or "caches", at				
	specific locations marked by coordinates. A typical cache is a small waterproof container				
	containing a logbook and sometimes a pen or pencil. Geocaching shares many aspects				
	with benchmarking, trigpointing, orienteering, treasure-hunting, waymarking and				
	Munzee.				
	Our geocaching game was focus on water analysis in Pardubice (Elbe, Chrudimka, ponds				
	in the park) and on tasks related to environment protection. So we called it				
	Environmental geocaching game. In addition, such games will increase teamwork skills,				
	communication skills, leadership,				
	communication skins, reductismp,				
	Number of participants: Small (6-12 people); Medium (13-30 people)				
	Recommended Group Size: 2-6 participants				
	Setup for Environmental Geocaching game:				
	Collect 5 Waterproof containers				
	On a coloured piece of paper (different colour for each team participating game)				
	write all tasks and questions (environmental and fun part)				
	Prepare a circle (not necessarily circle) track along the river and water surfaces				
	• Choose 5 interesting spots and prepare GPS coordinates (measure coordinates several times during the day to ensure their quality and precision). Make sure the				
	competing teams will not meet during the game (different start time or order of				
	caches).				
	Prepare the clues to closely specify particular spots (to be able to find the				
	<ul> <li>container)</li> <li>Put all the coloured papers to the particular containers and hide them on the</li> </ul>				
	prepared spots.				
	Get ready all the equipment you are going to use (GPS, analytical sensors and				
	devices).				
	Prepare worksheets for the competitors to collect data from the analyses and all				
	<ul> <li>the results.</li> <li>If you have time, manage to tryout your caches.</li> </ul>				
	in you have time, manage to tryout your caches.				
	Process				
	Groups are created by mixing everyone from different countries (6 persons in the group				
	+ 1 accompanying teacher - guide).				





Each team receives a package which includes all the main equipment needed for the Geocaching game. At the start each team needs to accomplish a task and it gets coordinates for their GPS to find geocache. Additionally, if team will answer 3 questions, it will also get a clue how to find the exact place of the geocache. Possible **questions**:

- What is the range of PH?
- What type of water you know?
- What is the percentage of earth that is covered by water?
- Mention at least 5 water animals.
- How can dissolved oxygen in the water influence ecosystem?
- What can influence PH?
- What are the 3 states of water?
- What can you get from electrolysis of NaCl water solution?
- Mention 5 plants that are connected to water.
- Why whales don't have wings?
- What segments of PH you know?
- What are the sources of pollution of water?
- Would you think that there is a relation between salinity and conductivity?
- Describe one of the water animals' ecosystem they live in.
- What can change the level of dissolved oxygen in the water?

#### In each spot team has to accomplish tasks such as:

- Create your team motto (take a video with it):
- Create a team secret handshake and make a video with it
- Draw your team in the back of your assignment paper. Take a photo with a team and masterpiece
- Create a photo that will say "Be friends with mother nature"
- Form E+ with your bodies and take a photo

#### In each spot team needs to measure these parameters:

- Description of meteorological conditions
- Description of the spot
- PH
- Temperature
- Colour
- Smell
- Parameter 1
- Parameter 2

#### Example of the **route** with clues for the exact location:

		Yellow - Andrea
	Zdymadlo N50 45702	Hot metal snake ate something that you desire. Stomach
1	693, E015 46	feels fool.
		Next to the blue little house you want to refresh. Look next
	Špice N50 02 698,	to your last foot step hard oh so hard.
2	E015 46 702	





	Dybarna	NEO 01 004	Where 7 trees unites. Roots will reveal their treasure.		
		N50 01 984,	Where 7 trees unites. Roots will reveal their treasure.		
		50 01 348,	8 brothers are open to show you their age. Respect them.		
			o stockers are open to show you then age. Respect them.		
	4 E015 47 223		Fallen stone bridge makes a new path for river. What can you		
	Splay N5	0 01 607,			
	5 E015 47		see in those cracks? Maybe you'll need a helping hand.		
	3 [1013 47	103			
	Next day all	groups will red	ceive a review of their progress and results concerning their		
	measureme	nts and comm	unication, teamwork, etc. skills. In addition, they will give		
	feedback on	their accomp	lishments and challenges that they faced.		
Objectives		I learn in prac			
		ronmental issi			
		er pollution fa			
		•	an provide information about the level of water pollution		
		to work with			
Time	It depends o	n the number	of participants and chosen route (km)		
	Time (min)	Activity			
	15	Instructions	5		
	300 (5 h)	Game			
	15	Reflection			
	You should consider to include lunch break. So it may take 6 hours				
Grade Learning methods	6 - 13 (12-19 years old) Active based and Cooperative learning				
Learning outputs		k with GPS	tive learning		
Learning outputs	<ul> <li>Work with GPS</li> <li>Analyze water PH / Temperature / Amonium Ions, Nitrates, Chlorides / Smell</li> </ul>				
	Dissolved oxygen, Conductivity, Redox potential				
Competences	Key compete	ences:			
	Litera	cy competence			
		ingual compet			
			etence and competence in science, technology and		
	engin	eering			
		l competence			
		nal, social and	learning to learn competence		
	Citizer	nship compete	nce		
	☐ Entre	oreneurship co	ompetence		
	☐ Cultur	al awareness a	and expression competence		
Integration/application of	Specific su	•	biology / analytical chemistry		
methodology	Co-curricular activity: teambuilding activity				
Na taulala		ular activity:			
Materials	0	· •	ccording to the number of teams)		
	0	•	tasks and clues caches (with tasks inside)		
	o forms to be filled to record findings (each team 5 (for each spot)) + 3				
	pen				
	0	3 black ma	arkers to write on sample bottles		





	o 15 sample bottles (5 for each team)
	o 0.5 I distilled water bottles for each team (3 total)
	o team evaluation form for accompanying person to record feedback
	about the team during the game
	o calibrated analytical equipment (pH, DO, etc.) for each team (3):
	<ul> <li>pH, amonium, nitrates and chloride sensors</li> </ul>
	<ul> <li>conductivity, temperature, dissolved oxygen and redox</li> </ul>
	potential probes
Tips for teachers	Check the weather forecast and prepare proper clothes and shoes for outdoor activities.
	Instruct the kids to bring small bags with snacks and water, raincover, medicine and so
	on. Every team leader should have a first aid kit.
A	,
Annex	remplate of report form for each team: Annex 1 Discipline 2 Geocaching Results form
	Example
	Template of Team Evaluation for accompanying teachers - guides: Annex 1 Discipline 2
	Geocashing Team Evaluation form
Annex	Template of Team Evaluation for accompanying teachers - guides: Annex 1 Discipline 2



Figure 1 Team at the spot



Figure 3 Each spot had small task that is not exact related to environment: carry your group member from A to B



Figure 2 Water analysis and filling out report about the spot



Figure 4 Water analysis





Figure 5 Extra task: make E+ (Erasmus+) sign from your bodies



Figure 6 Water analysis



Figure 7 Students needed to find a caches in hidden places with a hint that guide could give only if team answers correctly questions about environmental protection



Figure 8 Feedback, reflection after the game



Figure 9 Prize: picnic in the evening





### **ENVIRONMETAL OLYMPIC GAMES: DISCIPLINE 3 HUMAN BINGO**

Name of activity	Human Bingo
Part of discipline	Environmental Olympic Games
Description of activity	This game is focused to help to get to know each other in a fun, quick and interactive
	way.
	The best is to have an open space for participants to go around easier.
	Recommended Group Size: Medium (20-30 people) or large groups (50+ people)
	Setup for Human Bingo game:
	Prepare a Bingo card with 25 squares (5 rows and 5 columns). Though this number can
	vary depending on the number of participants and how much time do you want to
	spend on this game. The center square can be marked with the words "FREE SPACE".
	Within the remaining blank squares, fill in lots of interesting facts that may or may not
	be true for a person. For example:
	"Has been to more than 5 countries."
	"Has more than two dogs."
	"Is fluent in Spanish."
	"Loves to eat sushi."
	and so on.
	If you are looking for a funnier game, you can put crazy things on the card such as "Has
	gone without showering for more than 2 days," or other kinds of silly or humorous
	possible facts.
	Once you complete this card, photocopy or print this sheet so that you have enough
	Bingo cards for each person to play.
	Process
	1st version (short for speed)
	To win Human Bingo, a person must obtain unique signatures/including names to get 5
	boxes in a row: horizontally, vertically, or diagonally. Once a person obtains 5 in a row,
	he or she should shout, "BINGO!"
	2nd version (longer – to give more time to get to know more people)
	To win Human Bingo, a person must obtain unique signatures/including names in all the
	boxes - to fill in the whole table.
	To play, distribute a Bingo card and a pen to each player. Explain the rules. Begin the
	game and have everyone get up and walk around the room, introducing each other
	and asking each other questions. If a person meets someone who can fill in a box, he
	or she should obtain that person's autograph for that box/inlcude their names. When
	a person successfully gets 5 in a row and shouts "Bingo," the game is paused to see if
	he or she has indeed won. Check that each of the five people is indeed telling the
	truth, and then if so, the person with the winning People Bingo card has won the





	game.						
Objectives	To ge	To get to know each other in a fun and interactive way					
Time	It depends on the number of participants.						
	Tim	e (min)	Activity				
	5		Instructions	S			
	15-30		Duration of	the game			
	5		Reflection -	- prizes			
Grade	4 - 12	2					
Learning methods	Activ	e based	learning				
Learning outputs			nan Bingo fo	rms			
Competences	Key	compete	nces:				
		Literacy	competence	9			
	$\boxtimes$	Multilingual competence					
		Mathematical competence and competence in science, technology and					
		engineering					
		Digital competence					
	$\boxtimes$	□ Personal, social and learning to learn competence					
		Citizenship competence					
		Entrepreneurship competence					
	$\boxtimes$	Cultura	l awareness a	and express	ion competence		
Integration/application of	Spe	cific sub	jects:	sociology			
methodology		Co-curricular activity:			ing activity		
			lar activity:		cation education		
Materials	Printed cards or sheets, pens, prizes						
Tips for teachers	Help some more shy participants: give advice, introduce participants to each other						
Annex	For a	sample	printable bin	go card, yo	u can download a	and modify this <u>People-Bingo</u>	
	print	able tem	plate.				
	Anne	ex 1 Disci	pline 3 Huma	an Bingo Ter	nplate		







Figure 1 Human Bingo game





### **ENVIRONMETAL OLYMPIC GAMES: DISCIPLINE 4 RECYCLING GAME**

Name of activity	Recycling game					
Part of discipline	Environmental Olympic Games					
Description of activity	Just before you start the game, it would be good if you would provide a short					
	presentation on understanding what is recycling and what are the main rules of recycling					
	(separation of the trash according to the material that is made of), so that all the					
	members of the groups would have similar knowledge.					
	members of the groups would have similar knowledge.					
	Number of participants: Small (6-12 people); Medium (13-30 people)					
	Size of the groups: 3-6 members (possibly mix it between different backgrounds)					
	Setup for Recycling game:					
	Prepare 3-5 trash bins with labels on them (Recycling paper, recycling plastic, recycling					
	glass, compost, non-recyclable) in a line further from the starting point of groups.					
	Prepare groups/bunch of simple trash for each group (e.g. banana slip, newspaper, take					
	away coffee cup, water bottle, etc.) in the middle of starting point and trash bins.					
	Prepare for each team A3 paper and to prepare their answers with (pen, colouring					
	marker, post its, etc.) at their starting point.					
	Print task for each team who is accomplishing the quest. For example:					
	When is Earth day?					
	st out at least 10 ways how can you personally help planet Earth in protecting its					
	nvironment?					
	Ask other team to recommend how/in which way to reuse water bottle, etc.					
	Process					
	Each team sends one representative (who could wear gloves) who will need to pick one					
	of the trash out of the pile dedicated for that team and put it to the most suitable trash					
	bin. By successfully and correctly accomplishing task team member will receive written					
	task. He/she brings the task to the team members. After group is finalised their task it					
	needs to send another team member.					
	In the end when all the teams are done, each team could present their results to					
	everyone.					
Objectives	Students will learn basic information about recycling and environmental protection					
	connected to plastic pollution.					
	How to recycle correctly?					
	<ul> <li>How pollution affects planet earth?</li> </ul>					
	What is the value of each individual action towards protection of environment?					
Time	It depends on the number of participants.					
	Time Activity					
	(min)					
	5 Instructions					





	10 Short theory about recycling		
	20-30 Duration of the game		
	15 Presentations of the team work results		
	5 Reflection + certification		
Grade	6 - 12		
Learning methods	active based learning		
Learning outputs	resentation of group work		
Competences	Yey competences:		
	☐ Literacy competence		
	Multilingual competence		
	Mathematical competence and competence in science, technology and		
	engineering		
	□ Digital competence		
	Personal, social and learning to learn competence		
	Entrepreneurship competence		
	Cultural awareness and expression competence		
Integration/application of	Specific subjects: biology		
methodology	Co-curricular activity: teambuilding activity		
	Extracurricular activity: environmental protection education		
Materials	Boxes as trash bin with labels (paper, glass, plastic, compost, mixed), A3 papers for		
	students answers, colouring pen/markers, printed tasks, trashes, gloves for each student		
Tips for teachers	Be prepared in advance by collecting needed categories of trash.		
Annex	-		



Figure 1 Introduction





Figure 2 Recycling game



Figure 3 Recycling game



Figure 4 Recycling game









Figure 5 Group presentations

Figure 6 Group presentations









# CULTURAL OLYMPIC GAMES: DISCIPLINE 1 E-QUIZ KNOW THE FAMOUS ART WORK, PERSON OR A HISTORICAL MOMENT

Name of activity	E-quiz Know the famous art work, person or a historical moment				
Part of discipline	Cultural Olympic Games				
Description of activity	There are two types of teams, competitors and spectators.				
	Competitors: There will be 4 rounds of competition. Every team will choose a topic and			will choose a topic and	
	answer a question covering history and art. Photos and videos of historical moments and				
	art works wi	art works will be projected. The questions will be open ended or multiple choice. Every			
	team can us	e "Joker" one t	time. The tea	nm with the highest succe	ss rate will win.
	Spectators a	re involved in	this play as "	Jokers" and they will part	icipate on round 4.
	Roles of students: members of Olympic team, tutor				
			z. Tutor expl	ains the rules of game and	d acts as a referee.
Objectives	Students wil	l learn:			
	- Geo	graphy of Euro	pe		
		ure of Europe			
Time	It depends o	n the number	of participar	nts.	
	Time	Activity			
	(min)				
	5	Instructions			
	35	Duration of			
01.	5	Certification	n ceremony		
Grade Learning methods	6 - 12 Active based	Llearning			
Learning outputs	-	riearriing			
Competences	Key compete	ences:			
	∠ Litera				
		Multilingual competence			
		Mathematical competence and competence in science, technology and			echnology and
		eering		,	
		l competence			
		•	learning to l	earn competence	
	_	nship compete		<u>'</u>	
		oreneurship co			
	_	•	•	on competence	
Integration/application	Specific su	ojects:	History, geo	graphy, civic education	
of methodology	Co-curricular activity: teambuilding activity				
<b>0,</b>	Extracurricular activity:		Cultural gar		
Materials	Presentation	(rules, quiz)	,		
	Notebook, Interactive board, sound system				
	Vote cards, markers				
	Medals				
l					



Tips for teachers	Prepare interesting information about each quiz question.	
Annex	Presentation (videos on Google drive)	
	Assessment sheet	



Figure 1 Finding answers to quiz questions (team of students)



Figure 2 Playing quiz (team of teachers)







Figure 3 Medal Ceremony





## CULTURAL OLYMPIC GAMES: DISCIPLINE 2 ARTISTIC REPRESENTATION OF A HISTORICAL EVENT OR FAMOUS PERSONALITY

Name of activity	Artistic representation of a historical event or famous personality			
Part of discipline	Cultural Olympic Games			
Description of activity	There are two types of teams, competitors and spectators.			
	Competitors: There will be 4 rounds of competition. Every team will choose a topic and			
		uestion covering history and art. Photos and videos of historical moments and		
	art works v	will be projected. The questions will be open ended or multiple choice. Every		
	team can u	use "Joker" one time. The team with the highest success rate will win.		
	Spectators	are involved in this play as "Jokers" and they will participate on round 4.		
	Roles of st	udents: members of Olympic team, tutor		
	Members	of team play role-playing activity. Tutors prepare biographical information about		
	famous pe	rsons, explain the rules of game.		
Objectives	Students v	vill learn:		
Objectives	Students	viii learn.		
		story of European countries		
	- Fa	- Famous Europeans and their role in history of Europe or European culture		
Time	It depends	It depends on the number of participants.		
	Time	Activity		
	(min)			
	5	Instructions		
	40	Preparing for discipline. Knowing the rules of discipline. Team strategy.		
		Preparing an artistic representation.		
	30	Artistic representation (team by team)		
		· · · · · · · · · · · · · · · · · · ·		
	10	Evaluation		
	5	Certification ceremony		
Grade	6 - 12			
Learning methods	Active based learning			
Learning outputs	Short scene			
Competences	Key compe	etences:		
	Liter	acy competence		
		tilingual competence		
	_	hematical competence and competence in science, technology and engineering		
	_	cal competence		
		onal, social and learning to learn competence		





	☐ Entrepreneurship competence		
	□ Cultural awareness and expression competence		
Integration/application	Specific subjects:	History, civic education	
of methodology	Co-curricular activity:	Teambuilding activity	
	Extracurricular activity:	Cultural games	
Materials	Presentation (rules, famous	persons)	
	Notebook, Interactive board, sound system (for musical)  Costumes (typical for given historical period), jewellery (bijou)		
	Medals		
Tips for teachers	Select interesting persons. Some of these persons should have the same country of origin as		
	participants.		
Annex	Presentation		
	Famous persons (cards)		
	Assessment sheet		



Figure 1 Tutor explaining the rules





Figure 2 Role playing (Leonardo da Vinci and Mona Lisa, sci-fi)



Figure 3 Medal Ceremony





### **CULTURAL OLYMPIC GAMES: DISCIPLINE 3 FOOD ART**

Name of activity	Food Art		
Part of discipline	Cultural Olympic Games		
Description of activity	Each team will draw a card with a picture of a famous painting.		
	Teams will have to recreate these paintings using food, such as dry beans, seeds or other		
	vegetables and fruits.		
	Teams don't have to keep the same colors, they can make a "modern copy" of the		
	painting.		
	Tutor will give information and facts about the painting, author, history or gallery.		
	Each team will present their artwork and interesting facts they learnt about the artwork.		
	Audience will choose winners based on quality of the artwork and interesting description		
	of the painting.		
	Roles of students: members of Olympic team, tutors		
	Members of team create food art. Tutors explain the rules of game and prepare		
	interesting information about artists and their artworks.		
Objectives	Students will learn:		
	- European painters and their work		
Time	It depends on the number of participants.		
	Time (min) Activity		
	5 Instructions		
	20 Preparing for discipline. Knowing the rules of discipline. Team strategy.		
	50 Preparing food art		
	10 Evaluation		
01.	5 Certification ceremony		
Grade	6 - 12		
Learning methods Learning outputs	Active based learning		
Competences	Artwork Key competences:		
competences	· ·		
	Literacy competence		
	Multilingual competence		
	<ul> <li>Mathematical competence and competence in science, technology and engineering</li> </ul>		
	Digital competence		
	Personal, social and learning to learn competence		
	Entrepreneurship competence		
	Cultural awareness and expression competence		
Integration/application	Specific subjects: History, Art		
of methodology	Co-curricular activity: Teambuilding activity		
<b>.</b>	Extracurricular activity: Cultural games		
Materials	Presentation (rules, photos of artworks)		
	Notebook, Interactive board, sound system (background music enhancing creativity)		
	(1997)		



	Food: white bean, violet bean, brown bean, black bean, lentils, rice, pasta, M&M,
	Lentilky (colour-varied sugar-coated chocolate confectionery), dried cranberry, dried
	plums, coffee beans , black pepper, white pepper, green pepper, pumpkin seeds, caraway
	seeds, caraway ground etc.
	Drawing tools: canvas (A4), drawing paper (A3), pencil, pencil sharpener, rubber,
	paintbrush, soft paintbrush, arabic gum glue (Klovatina glue), cyanoacrylate glue
	(Superglue), polyvinyl acetate glue (Herkules glue), acrylic polymer glue (Glue stick), hair
	spray (extra strong)
	Other tools: knife, scissors, tray, paper of plastic film (to cover the working table and
	protect it from glue residues)
	Medals
Tips for teachers	To protect the working table from glue residues, cover the table with paper or plastic
	film.
Annex	Presentation
	Photography of art work (cards)
	Assessment sheet



Figure 1 Creating food art (Vincent Van Gogh, Self-portrait)





Figure 2 Food art (Edward Munch, Scream)



Figure 3 Food art (Vincent Van Gogh, Self-portrait)









# BUSINESS OLYMPIC GAMES: DISCIPLINE 1 CREATING AN ADVERTISING CAMPAIGN

Name of activity	Advertising campaign		
Part of discipline	Business Olympic Games		
Description of activity	Creating and pitching an advertising campaign for a beverage on iPads. For more information see Annex.		
Objectives	<ul> <li>be engaged to be creative.</li> <li>learn to work well in a team.</li> <li>become aware of the process of advertising a product by thinking of a target group.</li> <li>think realistically in terms of production, sales and distribution.</li> <li>learn how to use an electronic device like an iPad for designing a billboard, shooting an advertising sequence and even composing background music.</li> </ul>		
Time	200-250 minutes		
Grade	Upper secondary school	ol grades (10-13)	
Learning methods	Active based learning,	action-based learning	
Learning outputs	product name, brand n	ame, slogan, billboard, logo and TV advert	
Competences	technology and Digital compete Personal, socia Citizenship com Entrepreneursh	mpetence competence and competence in science, d engineering ence I and learning to learn competence	
Integration/application of	Specific subjects:	English, Economy, Marketing	
methodology	Co-curricular activity: Extracurricular activity:	Business Behaviour, Personal Development & Social Competence Entrepreneurship Education	
Materials	<ul> <li>iPads</li> <li>different beverages, preferable not known by students (remove the label!)</li> <li>different applications on iPads to create logo, billboard and TV advert</li> </ul>		•
Tips for teachers	Be sure to/that:		





	<ul> <li>explain well and in-depth before start.</li> <li>all iPads work properly.</li> <li>students know how to handle iPads and the different applications to create a logo, billboard and especially TV advert.</li> <li>students have enough time to be creative.</li> </ul>
Annex	<ul> <li>Description of activity</li> <li>Outcome (examples)</li> </ul>



Figure 1 Outcome from advertising campaign – example 1



Figure 2 Outcome from advertising campaign – example 2



Figure 3 Outcome from advertising campaign – example 3





### **BUSINESS OLYMPIC GAMES: DISCIPLINE 2 SELFIE SAFARI**

Name of activity	Selfie Safari		
Part of discipline	Business Olympic Games		
Description of activity	Students have to <b>take pictures</b> (group-selfies) in front of at least 5 Viennese monuments and find and document their <b>favourite billboard</b> .  For more information see Annex.		
Objectives	<ul><li>Students should</li><li>get to know the city/some sights of Vienna.</li></ul>		
Time	100 minutes		
Grade	Upper secondary school grades (10-13)		
Learning methods	Active based learning, action-based learning		
Learning outputs	selfies and a PowerPoint presentation		
Integration/application of methodology	Key competences:  □ Literacy competence □ Multilingual competence ompetence in science, technology and engineering □ Digital competence □ Personal, social and learning to learn competence □ Citizenship competence □ Entrepreneurship competence □ Cultural awareness and expression competence □ Specific subjects: English, Geography  Co-curricular activity: Business Behaviour, Personal Development & Social Competence  Extracurricular activity: -		
Materials	<ul> <li>iPads/smartphones</li> <li>description of the route</li> </ul>		
Tips for teachers	<ul> <li>hosting students know all the sights.</li> <li>hosting students are prepared to tell visiting students some facts about the sight.</li> <li>at least one member of the group can read a map.</li> <li>no group gets lost.</li> </ul>		
Annex	Description of one route		





Figure 1 Selfie Safari 1



Figure 2 Selfie Safari 2





#### **BUSINESS OLYMPIC GAMES: DISCIPLINE 3 TRADING GAME**

Name of activity	Trading Game			
Part of discipline	Business Olympic Games			
Description of activity	See Annex			
Objectives	Students should realise			
	<ul> <li>how trading effects discriminatively.</li> </ul>	people and countries in different ways, often		
	'	nequally distributed.		
		nay partake in trading.		
	how trading can take	·		
		n-win-situations lead to more satisfaction among all		
	parties in the long ru	ın.		
Time	100 minutes			
Grade	Upper secondary school	grades (10-13)		
Learning methods	Active based learning			
Learning outputs	Presentation of group w	ork		
Competences	Key competences:			
	Literacy competence			
	☐ Mathematical con	npetence and competence in science, technology and		
	engineering			
	☐ Digital competence			
		d learning to learn competence		
	Entrepreneurship	·		
		s and expression competence		
Integration/application of	Specific subjects:	English, Economy, Marketing		
methodology	Co-curricular activity:	Business Behaviour, Personal Development & Social		
	Extracurricular	Competence Entrepreneurship Education		
		Entrepreneurship Education		
Materials	activity:	ng student filled with 2 tradable goods (e.g. split a pair of		
Materials	<ul> <li>1 bag per participating student filled with 3 tradable goods (e.g. split a pair of socks and put them in two bags, etc.)</li> </ul>			
Tips for teachers	Be sure to:			
	allow enough time for the game.			
	explain well and in-depth before start.			
	<ul> <li>fill the bags with goods of different quality, etc. so that students feel the urge to trade.</li> </ul>			



	<ul> <li>Reflect on all the rounds and participants' feelings, so that students realise the objectives.</li> </ul>
Annex	<ul><li>Description of activity</li><li>Evaluation sheet</li></ul>



Figure 1 Traiding game – Group 1



Figure 2 Traiding game – Group 2









#### **BUSINESS OLYMPIC GAMES: DISCIPLINE 4 KAHOOT!**

Name of activity	Kahoot!		
Part of discipline	Business Olympic Games	S	
Description of activity	Electronic quiz about bra	ands, brandings, slogans and logos.	
Objectives	<ul> <li>Students should</li> <li>become aware of how they are influenced by advertising without even noticing</li> <li>be inspired by certain logos and slogans for the upcoming discpline of creating their own for a beverage</li> </ul>		
Time	20 minutes		
Grade	Lower and upper second	dary school grades (8-13)	
Learning methods	Active based learning		
Learning outputs	Presentation of group w	ork	
Competences	Key competences:		
	engineering Digital competenc Personal, social an Citizenship compe	etence npetence and competence in science, technology and e nd learning to learn competence tence	
Integration/application of	Specific subjects:	English, Economy, Marketing	
methodology	Co-curricular activity:  Extracurricular	Business Behaviour, Personal Development & Social Competence Entrepreneurship Education	
	activity:		
Materials	<ul> <li>Laptop/PC, beamer, internet access</li> <li>Each student should have a smartphone/tablet</li> <li>Kahoot!-link: <a href="https://play.kahoot.it/v2/?quizId=a3974640-abf2-4d55-9c1b-471c4fa85e84">https://play.kahoot.it/v2/?quizId=a3974640-abf2-4d55-9c1b-471c4fa85e84</a></li> </ul>		
Tips for teachers	<ul> <li>Be sure that:</li> <li>every student/group has a smartphone/tablet with connection to the internet.</li> </ul>		
Annex	• -		





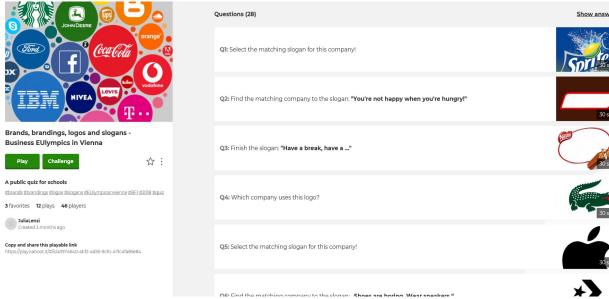


Figure 1 Screenshot of kahoot!-quiz









#### **SPORT OLYMPIC GAMES: DISCIPLINE 1 FLOORBALL WITH LIMITATIONS**

Name of activity	Floorball with limitations				
Part of discipline	Sport Olymp	Sport Olympic Games			
Description of activity	<ul> <li>In every team, there will be a team member with following limitation:</li> <li>visually impaired (1 member),</li> <li>hearing-impaired (1 member),</li> <li>physically handicapped (2 members, of that 1 x crutch or brace, 1 x wheelchair user),</li> <li>Siamese twins (2 members).</li> </ul>				
		team play floorball	, .	n, tutor ins the rules of game	er choose the
		r each team membe	•	_	e, choose the
Objectives	<ul> <li>Students will learn fair play.</li> <li>What is Fair Play?</li> <li>What do the fundamental values of fair play mean?</li> <li>How do the fundamental values of fair play contribute to the betterment of the world?</li> </ul>				
Time	It depends o	n the number of pa	articipants.		
	Time (min) 5 6 5	Activity  Instructions  Duration of play  Medal ceremony	1		
Grade	6 - 12				
Learning methods	Active based	learning			
Learning outputs	Sport perfor				
Competences	Key compete	ences:			
	Literac	cy competence			
		ngual competence			
	☐ Mathe	matical competenc	ce and compe	etence in science, te	chnology and
	engine				
		competence			
	Personal, social and learning to learn competence				
	Citizenship competence				
	☐ Entrepreneurship competence				
	☐ Cultural awareness and expression competence				
Integration/application of	Specific sul	_	hysical educa		
methodology	Co-curricul	ar activity:	eambuilding	activity	





	Extracurricular activity:	Sport games				
Materials	Sport outfit, sport shoes					
	Whistle, scoreboard, hockey stick, cage, protective pads, helmet					
	Visually impaired – black glasses or strip of fabric, blind cane					
	Hearing-impaired – earplugs	Hearing-impaired — earplugs, headset				
	Physically handicapped – crutch, leg brace, elbow brace, orthopaedic chest support, wheelchair  Siamese twins – strip of fabric, cord or Duct tap  Medals					
Tips for teachers	Start early enough with prep stick, earplugsetc.).	aration of materials (e.g. wheelchai	r, leg brace, hockey			
Annex	Rules of discipline					
	Assessment sheet (MS Excel)	, published in e-learning course EUL	YMPICS			



Figure 1 Floorball team





Figure 2 Floorball game



Figure 3 Floorball game







Figure 3 Medal ceremony





## SPORT OLYMPIC GAMES: DISCIPLINE 2 BADMINTON AND TABLE TENNIS IN REGIONAL COSTUMES

Name of activity	Badminton and table tennis in regional costumes			
Part of discipline	Sport Olympic Games			
Description of activity	<b>Table tennis:</b> also known as ping-pong, is a sport in which two or four players hit a lightweight ball back and forth across a table using small rackets. The game takes place on a hard table divided by a net.			
	Except for the initial serve, the rules are generally as follows: players must allow a ball played toward them to bounce one time on their side of the table and must return it so that it bounces on the opposite side at least once. A point is scored when a player fails to return the ball within the rules. Play is fast and demands quick reactions. Spinning the ball alters its trajectory and limits an opponent's options, giving the hitter a great advantage.			
	<b>Badminton:</b> is a racquet sport played using racquets to hit a shuttlecock across a net. The most common forms of the game are "singles" (with one player per side) and "doubles" (with two players per side). Formal games are played on a rectangular indoor court. Points are scored by striking the shuttlecock with the racquet and landing it within the opposing side's half of the court.			
	Each side may only strike the shuttlecock once before it passes over the net. Play ends once the shuttlecock has struck the floor or if a fault has been called by the umpire, service judge, or (in their absence) the opposing side			
	Roles of students: members of Olympic team, tutors  Members of team play badminton and table tennis. Tutors explain the rules of game and acts as a referee.			
Objectives	<ul> <li>Students will:</li> <li>learn the fundamental value of tolerance and solidarity playing table tennis/</li> <li>badminton in non-traditional sportswear</li> <li>present the history and culture of region by folk costumes.</li> </ul>			
Time	It depends on the number of participants.  Time Activity (min)  5 Instructions			





	5 - 10	Duration o	Duration of play				
	5	Medal ceremony					
Grade	6 - 12						
Learning methods	Active	based learning					
Learning outputs	-	performance					
Competences	Key co	Key competences:					
		Literacy competence					
	$\boxtimes$	Multilingual compe	tence				
		Mathematical comp	petence and competen	ce in science, technology and			
		engineering					
		Digital competence					
	$\boxtimes$	Personal, social and	learning to learn comp	petence			
		Citizenship compete	ence				
	☐ Entrepreneurship competence						
	$\boxtimes$	Cultural awareness	and expression compe	tence			
Integration/application of	Specific subjects:		Physical education				
methodology	Co-cı	urricular activity:	Teambuilding activity				
	Extra	curricular activity:	Sport games				
Materials	Region	nal (folk) costumes,	sport shoes.				
	Table t	tennis: Whistle, sco	reboard (paper card), t	ennis table, racket, ball.			
	Badmi	inton: Whistle, score	eboard (paper card), ra	cket/paddle, shuttlecock, net.			
	Noteb	ook, sound system					
	Medal						
Tips for teachers	Start early enough with preparation of materials (regional costumes, rackets, balls).						
Annex	Rules of discipline						
	Lyrics	Lyrics (Austrian, Czech and Slovak traditional songs), published in e-learning course					
	EULYN	EULYMPICS Assessment sheet (MS Excel), published in e-learning course EULYMPICS					





Figure 1 Table tennis in costumes



Figure 2 Table tennis in costumes







Figure 3 Medal ceremony





#### **SPORT OLYMPIC GAMES: DISCIPLINE 3 RELAY-RACE**

Name of activity	Relay-race				
Part of discipline	Sport Olympic Game	S			
Description of activity	Olympic teams and Spectators will run a relay race on running track with 6 stands. The stand no. 7 is used as a tiebreaker.				
	Every team nominate sportsmen for each discipline because of her or his skills. Sub-disciplines on stands: Gymnastics — rhythmic, Athletics — long jump, Ball throw, Cheerleading, Fencing, Golf, Tug of war				
	•	te sportsmen for each discipline because of her or his skills. Each f the baton to the next runner within a certain zone - STAND.			
	Roles of students: m	embers of Olympic team, tutor			
	Members of team ru	n relay race. Tutors explains the rules of game and acts as a referee.			
Objectives	Students will:				
	<ul> <li>learn how to</li> </ul>	cooperate			
		idamental value of tolerance and solidarity municate with each other			
		ect discipline based on their skills			
Time	It depends on the nu	mber of participants.			
	Time Activity (min)				
	-	the instructions			
	3 Trial	, the manacions			
	2 Completing the discipline				
		to quiz question			
	1 Assignii	ng points			
	2 Reserve	· · · · · · · · · · · · · · · · · · ·			
	15 Total				
Grade	6 - 12				
Learning methods	Active based learning				
Learning outputs	Sport performance				
Competences	Key competences:				
	☐ Literacy compe	etence			
	Mathematical competence and competence in science, technology and engineering				
	☐ Digital compet	ence			





	$\boxtimes$	Personal, social and	learning to learn comp	petence		
		Citizenship compete	ence			
		Entrepreneurship co	ompetence	petence		
		Cultural awareness	and expression compet	tence		
Integration/application	Specific subjects: Physical education					
of methodology	Co-	curricular activity:	Teambuilding activity			
	Ext	racurricular activity:	Sport games			
Materials	Place	 e				
	Tarta	an track				
	Docu	uments				
	Rule	s of discipline 3 (gene	ral)			
	Stan	d 1: rules for sub-disc	ipline 1, questions			
	Stan	d 2: rules for sub-disc	ipline 2, questions			
	Stan	d 3: rules for sub-disc	ipline 3, questions			
	Stan	d 4: rules for sub-disc	ipline 4, questions			
	Stan	d 5: rules for sub-disc	ipline 5, questions			
	Stan	Stand 6: rules for sub-discipline 6, questions				
	Stand 7: rules for sub-discipline 7, questions					
		erials				
			n, stopwatch, stand-ma	ark		
	_	ial material for each s				
		cipline	Materials			
		mnastics - rhythmic	2 x ribbon, 2 x ho	·		
		lletics – long jump	2 x ball, tape mea	isures, chalk		
		l throw	ball, bucket			
		eerleading	2 x pom-pom			
		ncing	2 x sword, chalk			
	Gol	† 	golf stick (alterna	tive – floorball stick), ball,		
	Tug	g of war	rope			
	Med	als				
Tips for teachers			eparation of materials	. Choose students who will coordinate		
	Jun	carry chough with pi	eparation of materials	. S. S. S. S. Gaderits Will Will Cool aillate		





	activities.
Annex	Rules of discipline
	Rules of sub-disciplines
	Quiz, published in e-learning course EULYMPICS
	EULYMPICS Assessment sheet (MS Excel), published in e-learning course EULYMPICS



Figure 1 Fencing





Figure 2 Tug of war



Figure 3 Medal Ceremony (team of teachers)









# Annex 1. Environmental Olympic Games - Discipline 1 Orientation around Pardubice: Example of Orientation game planning

Time	What?	Description	What is needed?	Responsible
16:40	Orientation game:	Groups are getting first clue (printed and given to each team) Clue is to go near Pardubice castle – Špici park.	Printed clues	
	A stop: river Chrudimka	Procedure: All teams gather at the same spot. Each team has to make at least 3 boats from paper. To make 1 boat per team they have 10 min.  When all are finished, they race in the river (need to decide on the final distance — on the spot). Target: not to drown and reach the finish line fastest.  Moral: the team is on the same boat and sometimes even if you do your best, other circumstances are influencing your final result (water stream, wind), but still you have to be supportive.	1 newspaper for each team will be in the package	Explain rules, values, history and taking videos and photos:
		History/environment: importance of rivers in Pardubice.  PLUS PHOTO: with boats or not J Teams get another clue		
	B spot: next to castle – create a tower	Procedure: Every group settles at it's own small space (giving some distance for others). Each team will use newspapers, scissors and duck tape to create a strong tower that could be as high as possible and strong enough that can catch an egg safely without falling apart.  10 min to create a tower. When team is done, Jitka is going and checking if an egg can safely land without crashing.	They will have things from their package. Need to take photos and videos. Printed clue given to Jitka	Explain rules, values, history and taking videos and photos:
		Moral of the game (that could be shortly discussed with all the teams): team work, there is a leader in a team (did they have any?), they need to find common solution (was there any disagreements? If so – how did they solved it?), important communication with all the team members, working under pressure (time).		
		History/Environment: It would be good to present small history background of the castle. Why it is important in Pardubice? How this place in related to environmental matters?		
		PLUS PHOTO: team with a tower  Teams get another clue		
		reams get another tide		





	C stop: Pilot	Procedure: Each team member has to create a paper plane. They have 5/10 min to do that. Then each team member throws his/her plane and goes the distance where it is landed and other team members follow. Target: last team member stands furthest.  Moral: we all depend on each team member. Team is weakest as the weakest link is. So you have to support/help each other to succeed	Printed clue given to Jitka Need to take photos and videos.	Explain rules, values, history and taking videos and photos:
		together.  History: Some story about the pilot.  PLUS PHOTO: imitate plane in a group (moral: team is working in the same direction)		
		Teams get another clue		
	D stop: Green Gate	Procedure: In each team Czech students (2) will find (will be given hint by Jitka) an interesting article about Pardubice. Preparation 8 min.  During that time, other team members are creating supporting slogan.  2 min for presentation (like charade), which needs to be creative and without words to the rest of the team members. They will need to guess the core message. Each team goes at different times that all participants can see it.  Also they will need to present the legend of half horse.  Moral: courage and leadership is part of the teamwork. Trust in each other that he/she will accomplish tasks. Creativity is also an important skill.  PLUS PHOTO: inscenisation of the legend. All the participants.	1 newspaper. Jitka should say specific article that students need to find.	Explain rules, values and taking videos and photos:
19:00- 19:10	Reflection on the day	Few words: how was their day from some of the participants.		





# Annex 1. Environmental Olympic Games - Discipline 2 Geocaching: Results form Example

#### **Welcome to ENVIRONMENTAL OLYMPICS**

#### 24-26th April 2018 Pardubice, Czech Republic

Name of the Team:				
		1st SPOT		
Time of arrival:				
Description of meteorologica				
Description of meteorologica	i conditions.			
Description of the spot. Think	of what could in	nfluence the parameters.		
Parameter	Value	Comments		
PH				
Temperature				
Colour				
Smell				
Parameter 1				
Parameter 2				
Parameter 1: Amonium Ions, Nitrates, Chlorides				
Parameter 2: Dissolved oxygen, Conductivity, Redox potential				
Other comments:				
Check list:				
□ Answer the task in cache				
☐ Make a task in cache				





# Annex 1. Environmental Olympic Games - Discipline 2 Geocaching: Team evaluation Form. Example

### TEAM EVALUATION FORM - EULYMPICS 25th April 2018, Pardubice

#### Team name:

	Very weak	Weak	Ok	Strong	Very strong	n/a
Team work						
Comments:						
Intelligence						
Intelligence						
Comments:						
Problem solving						
Comments:						
Creativity						
Comments:						
Respect						
Comments:						
Motivation						
Comments:						
Communication						
Comments:						
Other:						
Comments:						
Overall:						
Evaluator						





### Annex 1. Environmental Olympic Games - Discipline 3 Human Bingo\_Template

HUMAN BINGO					
Find someone who traveled at the same place as you	Find someone who likes to sing ————————————————————————————————————	Draw someone's portrait on the back of this bingo paper and show it to them	Find someone who has black hair ————	Find someone who is wearing blue	
Share your best animal impression with someone	Find someone who is older than you ———————————————————————————————————	Find someone who is taller than you ———————————————————————————————————	Find someone who has more than 7 letters in their name	Give someone a massage for 30 seconds. Get consent first!	
Make up secret hand shake with someone	Find someone who is wearing glasses ——————————————————————————————————	Give yourself a HUG. You're awesome!! Free Space	Find someone who likes the same favorite food as you	Teach someone your signature dance move and learn others	
Find someone who likes yellow ———	Show your silliest face and have them show you theirs	Find someone with the same eye color as you ————————————————————————————————————	Find someone who knows how to swim ————	Find someone who is afraid of spiders ———	





## Annex 2. Cultural Olympic Games - Discipline 1 -quiz Know the famous art work, person or a historical moment

#### **Rules (for competitors)**

#### Olympic Teams

Cultural event 1 will be an E-quiz with 4 rounds.

#### 1<sup>st</sup> Round – 12 questions, each team gets 3 questions

Teams will choose a theme, if they answer the question correctly they will get 1 point.

Every team has a right to use a one-time joker. Which will allow audience to help the team with an answer. The team can accept or deny the answer.

#### 2<sup>nd</sup> Round- 4 questions, each team 1 question

An opponent team will choose the question for your team. We'll announce which team chooses the question.

The goal is to choose a question you think the opposing team won't know how to answer.

If the question is answered correctly, you will get 1 point.

If the answer is wrong the team who chose the question will get a point.

#### 3<sup>rd</sup> Round – 4 questions

In this round all competing teams will be given 4 factual questions.

Team will write their answer on a sing. If the answer is correct they will get 1 point.

#### 4<sup>th</sup> Round – 4 questions

Questions will be geographically oriented.

You will need to guess a city where a famous museum, gallery, building or a square is located.

One member of your team will have to put a pin in the correct country on a blind map of Europe.

For correct city and correct location of the country, the team will get 2 points.

#### Audience

In the beginning of the cultural event 1 each person in the audience will draw a paper with number 1, 2 or 3. They will then separate into 3 teams that will support one of the 3 competing teams. Competing teams can use this audience team as a joker.

In the Round 4 one of the members of a team will pin a correct country, the audience team can help them. During the preparation for discipline 1 the audience will be given a map of Europe they can study.

Each audience team member will get a small present if their team wins.





#### Rules (Notes for teachers)

#### **Olympic Teams**

Cultural event 1 will be an E-quiz with 4 rounds.

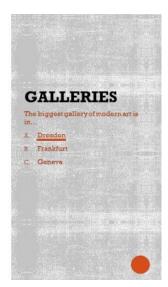
#### 1<sup>st</sup> Round – 12 questions, each team gets 3 questions

Teams will choose a theme, if they answer the question correctly they will get 1 point.

Every team has a right to use a one-time joker. Which will allow audience to help the team with an answer. The team can accept or deny the answer.







#### 2<sup>nd</sup> Round– 4 questions, each team 1 question

An opponent team will choose the question for your team. We'll announce which team chooses the question. The goal is to choose a question you think the opposing team won't know how to answer.

If the question is answered correctly, you will get 1 point.

If the answer is wrong the team who chose the question will get a point.





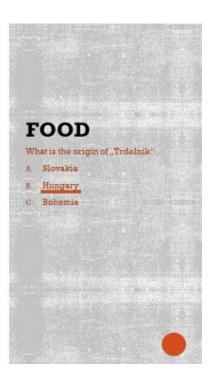
Trains

Food

Places

Nature



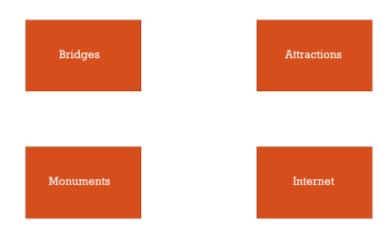






#### 3<sup>rd</sup> Round – 4 questions

In this round all competing teams will be given 4 factual questions. Team will write their answer on a sing. If the answer is correct they will get 1 point.





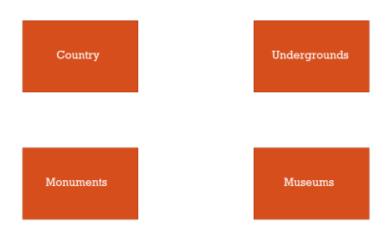




#### 4<sup>th</sup> Round – 4 questions

Questions will be geographically oriented.

You will need to guess a city where a famous museum, gallery, building or a square is located. One member of your team will have to put a pin in the correct country on a blind map of Europe. For correct city and correct location of the country, the team will get 2 points.

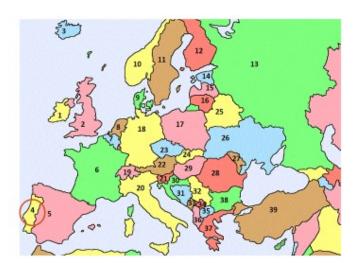


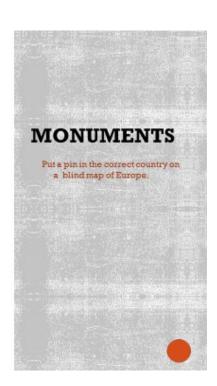
















#### Audience

In the beginning of the cultural event 1 each person in the audience will draw a paper with number 1, 2 or 3. They will then separate into 3 teams that will support one of the 3 competing teams. Competing teams can use this audience team as a joker.

In the Round 4 one of the members of a team will pin a correct country, the audience team can help them. During the preparation for discipline 1 the audience will be given a map of Europe they can study. Each audience team member will get a small present if their team wins.

#### Responsibilities

N°	Activity		Responsible person
1.	Rules of discipline	Translate rules, check comprehensibility	
2.	Questions	Design questions focused on culture, geography, curiosities	
3.	Presentation (PowerPoint)	Prepare presentation	
4.	Video cutting	Cut videos to 00:00:10 length	
5.	Material	Get material	
6.	Supervision		



#### Evaluation

Round	Olympic Team 1	Olympic Team 2	Olympic Team 3	Olympic Team 4
Round 1				
Mountains				
Eiffel				
Books				
Volcanoes				
Cities				
Names				
TV				
Foods				
Money				
Rivers				
Galleries				
Famous				
scientist				
Round 2				
Trains				
Food				
Places				
Names				
Round 3				
Bridges				
Attractions				
Monuments				
Internet				
Round 4				
Country				
Undergrounds				
Monuments				
Museums				
Total				





## Annex 2. Cultural Olympic Games - Discipline 2 Artistic representation of a historical event or his famous personality

#### Rules (for competitors)

#### **Olympic Teams**

#### Teams will have to create a short scene with historical figures.

Each team will draw one paper. On the paper will be written 2-3 names of historical figure, that the teams will have to represent. The historical figures will have something in common.

Other team members will represent figures they think that are suitable for the scene. Team will then choose their own genre.

Each team will have a tutor (who is not part of their team). This person will tell them facts about the historical figures and chosen genre. Audience will choose the winner.

#### Audience

Audience will have their own activity while the teams prepare their scenes.

**Activity 1:** Assign flag and a national anthem to European country Members of team will assign flag and a national anthem to European country.

#### Activity 2: Sing a song

Team will draw a Slovak, Czech or Austrian folk song and learn to sing it. Text will be on the drawn card.





#### Rules (Notes for teachers)

#### **Olympic Teams**

#### Teams will have to create a short scene with historical figures.

Each team will draw one paper. On the paper will be written 2-3 names of historical figure, that the teams will have to represent. The historical figures will have something in common.

Other team members will represent figures they think that are suitable for the scene. Team will then choose their own genre.

Each team will have a tutor (who is not part of their team). This person will tell them facts about the historical figures and chosen genre. Audience will choose the winner.

N °	Character	Political and cultural connections	Country	Genre	Tutor
1.	Leonardo da Vinci and Mona Lisa	1452-1519, Renaissance	Italy	Sci-fi	
2.	Napoleon and Maria Theresa	1796-1821, 1717-1780	France, Austria	Soap opera	
3.	Grimm brothers	1812, 1915	Germany	Interview (or Thriller)	
4.	Andy Warhol and Marilyn Monroe	50s, 60s	USA	TV news	
5.	Konchita Wurst and Freddie Mercury	1980s, 1990s, 2010s	Austria, United Kingdom	Musical	





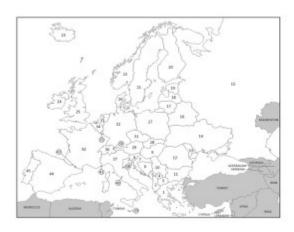
#### Audience

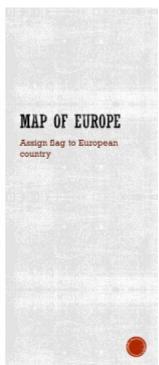
Audience will have their own activity while the teams prepare their scenes.

### Activity 1: Assign flag and a national anthem to European country Members of team will assign flag and a national anthem to European country.

We knew thee of old,
 Oh, divinely restored,
 By the lights of thine eyes
 And the light of thy Sword
 From the graves of our slain
 Shall thy valour prevail
 As we greet thee again Hail, Liberty! Hail!











#### Activity 2: Sing a song

Team will draw a Slovak, Czech or Austrian folk song and learn to sing it. Text will be on the drawn card.









## Materials

Materials of each character are packed in separate box.

Character	Materials	Notes
Leonardo da Vinci, Mona		
Lisa		
	Coat, long (renaissance)	
	Wig, long hair, white (old man)	
	Beard, white	
	Wig, long hair, black (woman)	
	Canvas, brush	
Name land and Maria		
Napoleon and Maria Theresa		
Tileresa	Coat	
	Wig	
	Jewellery	
	Dress (period dress)	
Grimm brothers		
Grimm brothers	Cook	
	Coat	Duint force of fairn tales
	Masks	Print faces of fairy-tales
		characters (size of a human
		face), cut out eyes and attach
		rubber band to secure the mask
		to the head.
Andre Manhall and Blackhan		
Andy Warhol and Marilyn		
Monroe		
	Coat	
	Skirt	
	Glasses	
Konchita Wurst and Freddie Mercury		
	Wig, long hair, black	
	Dress, evening dress	
	Glasses	
	Coat (Freddie style)	
Assign flag and national anthem		
	Map of EU (format A3)	
	National flags	
	National anthems	





Sing a song		
	Lyrics	
	Audio recordings	You Tube
	Karaoke	

# Responsibilities of members of organisational team

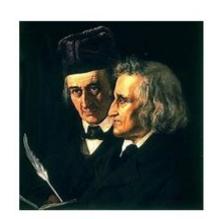
N°	Activity	Description	Responsible person
1.	Rules of discipline	Translate rules, check comprehensibility	
2.	Characters	Design characters	
3.	Materials	Props (according the table above)	
4.	Audio recordings, karaoke	Link to You Tube or download	
5.	Presentation (PowerPoint)	Prepare presentation	
6.	Supervision		





# **Brothers Grimm**

Genre: Interview
Country: Germany
Period: 19th century





\*------



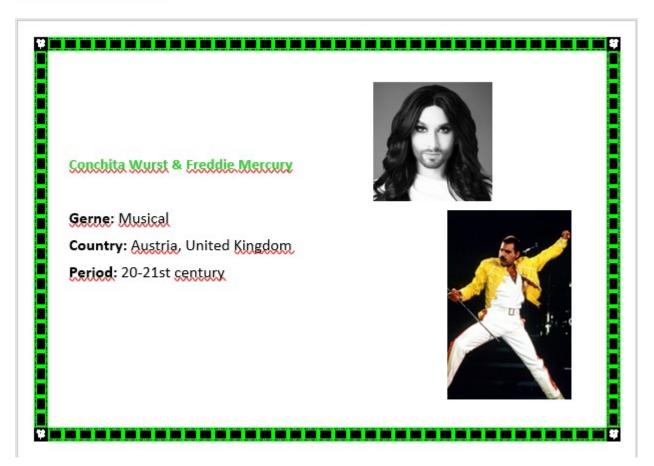
















# Evaluation

Members of Olympic Team 4 are incorporated in Olympic Teams 1-3.

Points from	Olympic Team 1	Olympic Team 2	Olympic Team 3	Olympic Team 4
Spectators				
Spectators 1				-
Spectators 2				-
Spectators 3				-
Total				-





## Discipline 2 Sing a song (folk song)

#### A ja taka dzivočka

A ja taká dzivočka, cingi lingi bom.

Rada vijem pírečka, cingi lingi bom.

[:Rada vijem, rada dám, cingilingi bom, bom, bom,

i za kalap zakladám, cingi lingi bom.:]

A ja taká jak i mac, cingi lingi bom,

čarne oči mušim mac, cingili lingi bom.

[:Čarné oči mac mala, cingi lingi, bom, bom, bom,

ja še na ňu podala, cingi lingi bom.:]

A ty cigán dobre hraj, cingi lingi bom,

na dzivčatá ňežmurkaj cingi lingi bom.

[:Na dzivčatá, na šumne, cingi lingi bom, bom, bom,

naj ňechodza po humňe, cingi lingi bom.:]

Web: <a href="https://www.youtube.com/watch?v=zK3I7AjyJ-0">https://www.youtube.com/watch?v=zK3I7AjyJ-0</a>





#### HOREHRONIE – KRISTÍNA

Keď sa slnko skloní na Horehroní, chce sa mi spievať, zomrieť aj žiť. Keď sa slnko skloní na Horehroní, túžim sa k nebu priblížiť.

Na tráve ležím a snívam, o čom sama neviem. V tom vánku, čo ma kolíše, keď je slnko najnižšie.

Najkrajšie stromy sú na Horehroní, to tiché bratstvo, vraví mi poď. Sem sa vždy vrátim, keď ma niečo zroní. Vravia to stromy, z pliec to zhoď.

Na tráve ležím a snívam, o čom sama neviem. V tom vánku, čo ma kolíše, keď je slnko najnižšie.

Keď sa slnko skloní na Horehroní, tam niekde v diaľke náš zvon zvoní. Keď má ma to bolieť, tak nech ma bolí. Raz sa to stratí do čiernej hory.

Na tráve ležím a snívam, oči tíško plačú. V tom vánku, čo ma kolíše, keď je slnko najnižšie.

Na tráve ležím a snívam, oči tíško plačú. V tom vánku, čo ma kolíše, keď je slnko najnižšie.

Najkrajšie stromy sú na Horehroní!

Web: https://www.youtube.com/watch?v=pKBJAqSgHw4





# Annex 2. Cultural Olympic Games - Discipline 3 Food Art

## Rules (for competitors)

### Olympic teams:

Each team will draw a card with a picture of a famous painting.

Teams will have to recreate these paintings using food, such as dry beans, seeds or other vegetables and fruits. Teams don't have to keep the same colors, they can make a "modern copy" of the painting.

Tutor will give information and facts about the painting, author, history or gallery.

Each team will present their artwork and interesting facts they learnt about the artwork.

Audience will choose winners based on quality of the artwork and interesting description of the painting.

## **Spectators:**

Activities during the preparation for discipline 3:

### Activity 1:

Audience will draw a picture using pigments.

Theme of the artwork will be drawn.

### Activity 2:

Audience will use scraps to make an artwork. Scraps are wrappings from groceries, pieces of plastic, metal etc. They can be cut to fit the artwork.

Theme of the artwork will be drawn.





## Rules (Notes for teachers)

## Olympic teams

Each team will draw a card with a picture of a famous painting. Teams will have to recreate these paintings using food, such as dry beans, seeds or other vegetables and fruits.

Teams don't have to keep the same colors, they can make a "modern copy" of the painting.

Tutor will give information and facts about the painting, author, history or gallery.

Each team will present their artwork and interesting facts they learnt about the artwork.

Audience will choose winners based on quality of the artwork and interesting description of the painting.

N °	Artwork	Gallery	Quotation	Painting
1.	Andy Warhol, Marilyn Monroe, 1967		'They always say time changes things, but you actually have to change them yourself.'	
2.	Edvard Munch, The Scream, 1893		"I do not paint what I see, but what I saw."	
3.	Pablo Picasso, Asleep, 1932		Picasso once said: "Every child is an artist. The problem is how to remain an artist once we grow up."	
4.	Vincent van Gogh, Melancholic Self- portrait, 1889		Gogh once said :"I wish they would only take me as I am."	





#### Information about art works

- Andy Warhol, Marilyn Monroe <a href="https://news.masterworksfineart.com/2017/10/10/andy-warhols-marilyn-monroe-series-1967">https://news.masterworksfineart.com/2017/10/10/andy-warhols-marilyn-monroe-series-1967</a>
- Edvard Munch, The Scream <a href="https://www.edvardmunch.org/the-scream.jsp">https://www.edvardmunch.org/the-scream.jsp</a>
- Pablo Picasso, Asleep <a href="https://www.pablopicasso.org/asleep.jsp">https://www.pablopicasso.org/asleep.jsp</a>
- Vincent van Gogh, Melancholic Self-portrait <a href="https://www.vincentvangogh.org/self-portrait-1889.jsp">https://www.vincentvangogh.org/self-portrait-1889.jsp</a>
- Psychological Reflections of Vincent Van Gogh's Art -<a href="http://www.dailynews.lk/2015/09/22/features/psychological-reflections-vincent-van-gogh%E2%80%99s-art">http://www.dailynews.lk/2015/09/22/features/psychological-reflections-vincent-van-gogh%E2%80%99s-art</a>

#### Cards

Paper sheet format A4 (after printing the card fold it to make format A5)

Illustration

Name of painter Name of painting Year Canvas, oil Quotation



#### **Spectators**

Activities during the preparation for discipline 3:

## **Activity 1:**

Audience will draw a picture using pigments.

Theme of the artwork will be drawn.

### **Activity 2**:

Audience will use scraps to make an artwork. Scraps are wrappings from groceries, pieces of plastic, metal etc. They can be cut to fit the artwork.

Theme of the artwork will be drawn.





## Materials

Prepare material to be sufficiently for 4 Olympic Teams and 4 Teams of Spectators.

Task	Materials	Number of packages	Notes
Olympic Team			
	Bean white		
	Bean violet		
	Bean brown		
	Bean black		
	Lentils		
	Rice		
	Pasta		
	M&M		
	Lentilky		Coloured sweets (shape of lentils)
	Cranberry dried		
	Plums dried		
	Coffee beans		
	Black pepper		
	White pepper		
	Green pepper		
	Pumpkin seeds		
	Caraway seeds		
	Caraway ground		
	Canvas (A4)		
	Drawing paper (A3)		
	Pencil		
	Pencil sharpener		
	Rubber		
	Paintbrush		
	Paintbrush soft		
	Arabic gum glue (Klovatina Glue)		Arabic gum glue
	Cyanoacrylate glue (Superglue)		
	Polyvinyl acetate glue (Herkules Glue)		
	Acrylic polymer glue (Glue stick)		
	Hair spray (extra strong)		
	Knife		
	Scissors		





	Tray	To spread out materials
	Plastic film	Table protection
Spectators		
	Canvas (A4)	See above
	Drawing paper (A3)	See above
	Pigments	
	Linseed oil	
	Tempera colours	
	Paintbrush	See above
	Paintbrush soft	See above
	Plastic material	
	Screws	
	Waste (colour)	
	Sticky notes (colour)	
	Knife	See above
	Scissors	See above
	Tray	See above
	Glue	See above
	Pencil	See above
	Pencil sharpener	See above
	Plastic film	See above

# Responsibilities of members of organisational team

N	Activity	Description	Responsible
0			person
1.	Rules of discipline	Translate rules, check comprehensibility	
2.	Artworks	Select artworks that are feasible as food	
		art	
3.	Materials	Food and materials according the table	
		above	
4.	Cards	Prepare and print	
5.	Tutor	Prepare information about painter and art	
		work	
6.	Supervision		





Painter: Andy Warhol Name: Marilyn Monroe

Year: 1967

**Quote:**'They always say time changes things, but you actually have to change them yourself.'



Painter: <u>Edyard</u> Munch Name: The Scream

Year: 1893

Quote:

'I do not paint what I see, but what I saw.'







Painter: Pablo Picasso Name: Asleep Year: 1932

**Quote:** 'Every child is an artist. The problem is how to remain an artist once we grow up.'



Painter: Vincent van Gogh Name: Melancholic Self-portrait Year: 1889

**Quote:**'I wish they would only take me as I am.'







## Evaluation

Members of Olympic Teams and Teams of Spectators will choose the winner.

Team	Votes	Summary
Olympic Team 1		
Olympic Team 2		
Olympic Team 3		
Spectators 1		
Spectators 2		





# Annex 3. Business Olympic Games - Discipline 1 Creating an advertising campaign

fine your target group!	everyone as it is non alcoholic
o would be interested in buying such a product?	rather adults, because it's not as sweet as other
w can it be advertised in an appealing way?	maybe adults who don't want to drink alcohol, but
	of beer/radler/shandy
nsider production costs & its value to quote a price!	1,19€
w much should it be sold for?	fancier than other similar drinks, starting at prices
nsider sales & distribution!	supermarkets, markets, restaurants, food stalls, p
ere do you plan on selling your product?	
ink of a brand name!	Zipfer
ink of a product name!	Hops
ite a catchy slogan!	Sei offen für Neues! (Be open to new experience
sign a logo!	DAS WICHTIGSTE AUF DEM EIGENEN WEG:
See on the top right corner of the billboard poster!	SFI OFFEN FÜR
eate a billboard poster!	NEUES NEUES
n and film a 1 minute TV advert!	a HOPS
w do you want to present your product?	anten
sich music should ha in the heckground?	LIPFER

Videos of advertising campaigns were published in e-learning course EULYMPICS.





# Annex 3. Business Olympic Games - Discipline 2 Selfie safari



## Route 1 – City Hall & Parliament

Parlament, Rathaus, Universität, Stephansdom, Schwedenplatz, Oper, Hofburg, Naturund Kunsthistorisches Museum

Führt unsere Gäste auf dieser Route durch Wien!

Informiert euch vor Ort über die einzelnen Sehenswürdigkeiten (Handy, FußgängerInnen, MitarbeiterInnen, Broschüren, etc.)

### Besprecht in der Gruppe:

Was hat euch am besten gefallen?
Was würdet ihr einem Touristen / einer Touristin empfehlen?



# Group 1 - City Hall & Parliament

Parliament, Town Hall, University, St. Stephen's Cathedral, Schwedenplatz, Opera House, Hofburg, Museum of Natural History and Fine Arts

Listen to the explanations of your Viennese guides and take a group-selfie at every important sight.

## Discuss in your group:

What did you like most? What would you recommend a tourist to visit?

Prepare a short powerpoint presentation/prezi of the highlights of your selfie-safari.





# Annex 3. Business Olympic Games - Discipline 3 Trading game

## TRADING GAME

#### **PREPARATION**

Every student receives a bag filled with three items. There are four different bags marked with the letters A, B, C or NO. All the items received or traded may be kept.

## **COURSE OF THE GAME**

#### 1<sup>st</sup> ROUND

Every student should inspect the goods in their bag. Other students should not be informed about the bag's content. The game master will conduct a survey about students' satisfaction.

#### 2<sup>nd</sup> ROUND

Every student reveals their items and wanders around to inspect the items of their fellow players. Again, the game master will conduct a survey about students' satisfaction.

## 3<sup>rd</sup> ROUND

Students should now trade their goods. However, trading is only allowed between A and A, B and B, and C and C. Students with a bag marked with NO are not allowed to trade at all. After trading, the game master will conduct a survey about students' satisfaction.

#### 4<sup>th</sup> ROUND

Now everyone is allowed to trade with whomever they wish. If they are happy with their bagged items, they can also withhold from trading. After this last round of trading, the game master will conduct a final survey about students' satisfaction.

#### **EVALUATION**

- Reflecting everyone's level of satisfaction and its changing throughout the course of the game.
- Analyzing the following possible root causes
  - o How do such agreements come about?
  - Does anyone feel disadvantaged?

Has everyone been treated fair?

# **Trading Game Evaluation – Group A**

	1st Round		2nd Round		3rd Round		4th Round	
Level of Satisfaction		on WITHOUT ading	goods from f	Evaluation after seeing goods from fellow players  NO trading  Evaluation after seeing Trading is only WITHIN the Control of t		nly allowed	Evaluation after trading with the whole group	
	number	points	number	points	number	points	number	points
50000								
400000								
3 🗆 🗆 🗆								
2 🗆 🗆 🗆								
100								
0								
Total								





# **Trading Game Evaluation – Group B**

	1st Round 2nd Round  Evaluation WITHOUT Evaluation after seeing goods from fellow players  NO trading		Evaluation after seeing goods from fellow players		3rd Round		4th Round	
Level of Satisfaction					Evaluation after trading  Trading is only allowed  WITHIN the GROUP		Evaluation after trading with the whole group	
	number	points	number	points	number	points	number	points
50000								
400000								
3 🗆 🗆 🗆								
2 🗆 🗆 🗆								
100								
0								
Total								





# **Trading Game Evaluation – Group C**

	1st	Round	2nd Round		3rd Round		4th Round			
Level of Satisfaction	Evaluation WITHOUT trading		Evaluation after seeing goods from fellow players  NO trading		trading goods from fellow playe  NO trading		Evaluation a Trading is o WITHIN th	nly allowed		after trading hole group
	number	points	number	points	number	points	number	points		
50000										
400000										
3 🗆 🗆 🗆										
2 0 0 0										
100										
0										
Total										





# **Trading Game Evaluation – Group X (NO)**

	1st	Round	2nd Round		3rd Round		4th Round	
Level of Satisfaction		on WITHOUT ading	goods from f	after seeing ellow players rading	Evaluation a Trading is o WITHIN th	nly allowed		after trading hole group
	number	points	number	points	number	points	number	points
500000								
400000								
3 0 0 0								
2 🗆 🗆 🗆								
10 0								
0								
Total								

# Annex 4. Sport Olympic Games - Discipline 1 Floorball with limitations

### Rules of discipline

Floorball is a type of floor hockey with five players and a goalkeeper in each team. Men and women play indoors with sticks and a plastic ball with holes.

A floorball game is played over the period lasting 6 minutes. The time is stopped in the case of penalties, goals, time-outs and any situation where the ball is not considered to be in play. If a game ends in a tie, teams will play penalty shootout and the team that scores first wins.

Checking is prohibited in floorball. Players cannot lift an opponent's stick or perform any stick infractions in order to get to the ball. As well, players may not raise their stick or play the ball above their knee level, and a stick may not be placed between a player's legs.

When a player commits a foul, or when the ball is deemed unplayable, the play is resumed from a free-hit or a face-off.

#### **Matches**

Competitors:

Match 1: Team 1 vs. Team 2 (6 min) Match 2: Team 3 vs. Team 4 (6 min)

Match 3: Winner of match 1 and Winner of match 2 (6 min)

#### Spectators:

Match 1: Team 1 vs. Team 2 (6 min) Match 2: Team 2 vs. Team 3 (6 min)

#### **Participants**

Players Team tutors Chief referee Linesman





# Annex 4. Sport Olympic Games - Discipline 2 Badminton and table tennis in regional costumes

Discipline 2 Table tennis in folk costumes (C-team)

## Rules of discipline

- 1. Each country will present their regional customs and costumes. National teams will sing two songs that were nominated in UNESCO list.
- 2. Table tennis is played between two people in a singles match, or two pairs in a doubles match. Table tennis will be played in a small gym. Competitors are going to play singles and doubles. One set is going to be played until one player gets 13 points with at least a 2 point advantage.

Singles (1 vs 1) table tennis Doubles (2 vs 2) table tennis 1 set per 13 points, 2 point advantage

#### **Participants**

Players Umpire

#### Discipline 2 Badminton (S-team)

#### Rules of discipline

Badminton will be played in a large gym.

Spectators are going to play singles and doubles.

One set is going to be played until one player gets 11 points with at least a 2 point advantage.

Singles (1vs1) badminton
Doubles (2vs2) badminton
1 set per 21 points, 2 points advantage

#### **Participants**

Players Umpire





# Traditional songs

The European Union Song Book - <a href="http://www.eu-songbook.org/chosen-songs/">http://www.eu-songbook.org/chosen-songs/</a>

Group	Song 1	Song 2
Bratislav	Na Kráľovej holi - Horehronskí chlopi -	A ja taka dzivočka -
а	https://www.youtube.com/watch?	https://www.youtube.com/watch?
	v=kR0I1TK1cDw	v=kKNrOas1qIQ
		https://www.youtube.com/watch?
		v=xITw33va9QEb
Pardubic	Za 100 let - <a href="https://youtu.be/cEYLdntVBdM">https://youtu.be/cEYLdntVBdM</a>	KAREL GOTT - TREZOR -
е		https://youtu.be/Mcf_dekZPzk
Wien	Rainhard Fendrich - Weu'sd a Herz hast wie	Hubert von Goisern: Brenna tuats guat
	a Bergwerk	(Offizielles Video)
	https://www.youtube.com/watch?v=l-	https://www.youtube.com/watch?
	XYBJOKNMg	v=QQqWtxKN4cA





# Annex 4. Sport Olympic Games - Discipline 3

## Rules of discipline

Members of a team will take turns completing parts of racecourse and answering questions concerning sports.

- 1. Every team will nominate sportsmen for each one of six sub-disciplines because of her or his skills. One member of a spectator's team have to perform sport activity on two stands (because they are only five members for six stands).
- 2. Sport performance on stand and correct answer to question can be awarded maximum 10 points. The maximum number of points awarded discipline 3 will be 60.
- 3. Competitors from each team will arrive at the appropriate stand of sub-discipline.
- 4. The emcee will start the discipline.
- 5. The tutor at the stand will provide the players instructions and an information card.
- 6. The player completes the discipline and answers the question.
- 7. The tutor assigns him points and writes them on the assignment with question.
- 8. The player will take the assignment to manager who will score points.
- 9. Then the player moves to the next position (according the table below) as a spectator.
- 10. This is how the player proceeds after the next stands. Students from the same team can help the competing team member to answer the question.

#### **Duration of sub-discipline**

Activity	Time (min)
Reading the instructions	5
Trial	3
Completing the discipline	2
Answer to quiz question	2
Assigning points	1
Reserve	2
Total	15





Stand	Discipline	Pictogram	Competitors 1	Competitors 2	Competitors 3	Competitors 4	Spectators 1	Spectators 2
Stand 1	Gymnastics - rhythmic	1.3	1	6	5	4	3	2
Stand 2	Long jump	\$	2	1	6	5	4	3
Stand 3	Ball throw	ر ا	3	2	1	6	5	4
Stand 4	Cheerleading	*** ^	4	3	2	1	6	5
Stand 5	Fencing	) · · · · · · · · · · · · · · · · · · ·	5	4	3	2	1	6
Stand 6	Golf	/\	6	5	4	3	2	1
Stand 7	Tug of war	**						





modern, acrobatic, rhythmic and aerobic gymnastics.	Stand	Gymnastics – rhythmic
Gymnasts must perform a floor routine with the following skills:  1. cartwheel 2. split leap 3. full turn 4. hoop 5. ribbon  You can add another floor routine. The performance will last 1 minute.  HOW TO DO A CARTWHEEL  Cartwheel  HOW TO DO A SPLIT LEAP  drills and exercises for mastering one GUMNASTICS HQ	Description	Gymnastics is a versatile sport of physical exercise. We distinguish sports,
1. cartwheel 2. split leap 3. full turn 4. hoop 5. ribbon  You can add another floor routine. The performance will last 1 minute.  HOW TO DO A CARTWHEEL  Cartwheel  HOW TO DO A SPLIT LEAP  drills and exercises for mastering one		modern, acrobatic, rhythmic and aerobic gymnastics.
1. cartwheel 2. split leap 3. full turn 4. hoop 5. ribbon  You can add another floor routine. The performance will last 1 minute.  HOW TO DO A CARTWHEEL  Cartwheel  HOW TO DO A SPLIT LEAP  drills and exercises for mastering one		<b>\</b> *3
HOW TO DO A CARTWHEEL  Cartwheel  HOW TO DO A SPLIT LEAP  drills and exercises for mastering one  GUMNASTICS HQ.	Rules	<ol> <li>cartwheel</li> <li>split leap</li> <li>full turn</li> <li>hoop</li> <li>ribbon</li> </ol> You can add another floor routine.
HOW TO DO A SPLIT LEAP  HOW TO DO A SPLIT LEAP  drills and exercises for mastering one  GYMNASTICS HQ		
GYMNASTICS HQ		HOW TO DO A CARTWHEEL
		HOW TO DO A SPLIT LEAP  drills and exercises for mastering one











Points		
	Activity	Points
	Cartwheel	2
	Split leap	1
	Full turn	1
	Ноор	2
	Ribbon	1
	Performance	1
	Plus points for handstand (optional)	2
	Question	2
	Total	10
Question	After you have finished the discipline at present s question.	stand, ask the tutor for





Stand	Long jump				
Description	The long jump is an athletic sport where the competitor attempts to cover the most distance with one single jump.				
	<b>\$</b>				
Rules	You will be jumping from standing still 3 times and with a medicine ball (heavy ball) 3 times too. The further you jump the more points you get. A line shows the point from where you are going to jump. Only your best try will count.				
Points					
	Activity		Points		
	Woman 156-174 cm	Man 196-220 cm	2		
	Woman 175-199 cm	Man 221-238 cm	4		
	Woman with ball 128-137 cm	Man w/ball 148-160 cm	2		
	Woman with ball 138-150 cm	Man w/ball 161-174 cm	4		
	Question		2		
	Total		10		
Question	After you have finished the discip question.	oline at present stand, ask th	e tutor for		





Stand	Ball throw			
Description	Try to throw the ball further you can. Winner is the person who throw the ball the furthest.			
Rules	Keep your feet inside the square and throw the ball as far away as you can. You can use just one hand. Points will be counted by distance you threw the ball. If you cross the outline of square, you will get subtracted points. You can try 3 times and count will only your best throw.			
Points				
	Activity	Points		
	Distance	0-8		
	Question	2		
	Total	10		
Question	After you have finished the discipline at present stand, ask the tutor for question.			



Stand	Cheerleading					
Description	range from chanting sperformed to motivate competition. Competition	or their tear slogans to sports tear ve routines	n as a form o intense phys ns, to enterta typically range	e participants (called f encouragement. It can ical activity. It can be ain the audience, or for e anywhere from one to umbling, dance, jumps,		
	Ready Position Hands behind back, feet shoulder width apart.	position. Left degree angle. completely sti	e legs and body leg is bent at a 90 The right leg is raight. Body and facing forward.	High V Arms are at a 45 degree angle to the body. Pinky fingers are to the back.		
	Low V Same as a High V, but arms are down.		90 degree angle inky fingers are to	Broken T Same as a T, but arms are bent. Do not bring it forward. Pinky fingers are to the front.		
	Touch Down	Low Touch D				
	Arms are straight up, in-line with the body. Bring arms to ears, not ears to arms. Pinky fingers are to the front.	Arms are stra with the body tight to the bo	ight down, in-line Arms should be ody and slightly fingers are to the	<b>Daggers</b> Arms are bent, hugging the body. Pinky fingers are to the front.		
	The above moves can be combined to create several motions.  The following are just a few examples of this:					
	Right L Right arm is in a T and left arm i Down, Left L would be the oppos			Touch Down and left arm is on would be the opposite of this.		
	<b>Left Diagonal</b> Left arm is in a High V and right V. Right Diagonal would be the o			igh V and right arm is in a Low V Right K would be the opposite of		
		Managar sa 1865	this.			
Rules	From the above elemen not use the same eleme	=				



question.



	Example of a routine:					
	Cheer Them On					
	The four lines are repeated, so this is an easy cheer for younger and beginner cheerleaders to remember. The motions are in parenthesis, but you an also view the video to see the exact way this routine it performed.					
	Cheer them on (beginning stance, step forward with right leg and turn slightly sideways, bend elbows and lift palms facing up and make pumping up motion)  Make them hear it (pull right foot back so that feet are together, bend knees, put left hand on hip and right hand cupped to ear)  We've got that (step forward with right foot and do a low V)  Hornet spirit! (cross arms over chest, high V, back to beginning stance					
Points						
	Activity	Points				
	Originality	2				
	Routine	1				
	Aesthetic	1				
	Difficulty	3				
	Visual	1				
	Question	2				
	Total	10				
	1000	10				





Stand	Fencing			
Description	You are fighting in area. The player who will gain more points is the winner. You will fight 2 minutes or to 5 points difference.			
	))			
Rules	When you get out from area, it is point for oppopenent to his head or hit him powerfully to to all other parts of body.			
Points				
	Activity	Points		
	Hit to body	4		
	Hit to leg	1		
	Hit to hand	2		
	Out of area	1		
	Hit to finger, hair or clothes	0		
	Question	2		
	Total	10		
Question	After you have finished the discipline at prese question.	nt stand, ask the tutor for		





Stand	Golf	
Description	Golf is a club-and-ball sport in which players use var into a series of holes on a course in as few strokes as	
	<u>\</u>	
Rules	You need to hit the ball in the hole and fewer strikes	•
Points		
	Activity	Points
	Hit the ball	1
	Managing during the game	1
	Hit the ball into the hole	3
	Hit shots for species shots	2
	Hit on three times	1
	Question	2
	Total	10
Question	After you have finished the discipline at present staquestion.	and, ask the tutor for





Stand	Tug of war	
Description	Tug of war (also known as tug o' war, tug war, rop tugging war) is a sport that pits two teams against strength: teams pull on opposite ends of a rope, bring the rope a certain distance in one direction opposing team's pull.	t each other in a test o with the goal being to
Rules	You can't throw things You can't pull rope while you are on ground (lying) You can't scream, you have to be quiet	)
Deinte	Option 1: There are 2 people against 2 people. Option 2: There are team against team.	
Points		
	Activity	Points
	Activity Win	Points 2
	•	
	Win	2
	Win Quiet	2 2
	Win Quiet Holding 30 seconds	2 2 1
	Win Quiet Holding 30 seconds Win into 30 seconds	2 2 1 1
	Win Quiet Holding 30 seconds Win into 30 seconds No falling	2 2 1 1 2





# Questions - Stand 1 (example)

Project	European Olympic Games EULYMPICS
	FI CS
Olympic Games	Sport Olympic Games
Discipline 3	Relay race
Stand	Gymnastics – rhythmic
Question	1
	What is the title of this film?
Answer	
	a) The Godfather
	b) Rocky
	c) Raging Bull
	d) Chariots of Fire





Project	European Olympic Games EULYMPICS
	EU LY M
Olympic	Sport Olympic Games
Games	
Discipline 3	Relay race
Stand	Gymnastics – rhythmic
Question	2
	What is the title of this film?
Answer	
	a) Home alone
	b) Christmas movie

The karate kid





Project	European Olympic Games EULYMPICS
	FI CS
Olympic	Sport Olympic Games
Games	
Discipline 3	Relay race
Stand	Gymnastics – rhythmic
Question	3
	Which photo is from the movie <i>Creed</i> ?
Answer	b)
	c)









d)

Transformers



Project	European Olympic Games EULYMPICS
	FI CS
Olympic Games	Sport Olympic Games
Discipline 3	Relay race
Stand	Gymnastics – rhythmic
Question	4
Question	What is the title of this film?
Answer	TEXACO
	a) Rush b) Wrinkle in time
	c) Madagascar
	C) Madagascar





Project	European Olympic Games EULYMPICS
	FI <3
Olympic Games	Sport Olympic Games
Discipline 3	Relay race
Stand	Gymnastics – rhythmic
Question	5
	When was this movie released?
	BRADPITT
	MONEYBALL  JONAH HILL PHILIP SEYMOUR HOFFMAN  BASED ON A TRUE STORY
Answer	IN THEATERS SEPTEMBER 23
	a) 1998
	b) 2006
	c) 2011
	d) 2015





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Project	European Olympic Games EULYMPICS
	€U LY M
	PI (3)
Olympic	Sport Olympic Games
Games	
Discipline 3	Relay race
Stand	Gymnastics – rhythmic
Question	6
	Who was the main character in this movie?
Answer	
	a) Charles Dickens
	b) Jaden Smith
	c) Muhammad Ali
	d) Will Smith







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